

The Family Support Program ensures services are available to support the wellbeing and nurturing of children and families, especially those who are vulnerable and disadvantaged, to enable them to manage life's transitions, ensure children are protected and contribute to building stronger, more resilient communities.



### Our key values

#### Communication

We communicate openly and listen with respect and empathy.

#### Inclusion

We welcome respect and support everyone

#### Education

We value growth through ongoing learning and self-reflective practice

#### Client Centred Outcomes

We work in ways that place the client at the centre of all decisions

#### Professionalism

We work to an ethical standard that values transparency and accountability

We may be of assistance to YOU and YOUR FAMILY



We are funded by the Department of Family and Community Services, Community Services  
Speak Out 4 Kids is funded by the Benevolent Society under the Communities 4 Children Initiative

21 Verge Street KEMPSEY  
PO Box 420 KEMPSEY NSW 2440  
[www.kempseyfamilysupport.org.au/](http://www.kempseyfamilysupport.org.au/)  
Email: [info@kempseyfamilysupport.org.au](mailto:info@kempseyfamilysupport.org.au)  
P: 6563 1588  
F. 5562 2765

ABN: 65 502 259 009

  
**KEMPSEY FAMILY SUPPORT SERVICE**  
Safe Children Strong Families Supportive Communities



We offer a culturally competent service that is **FREE** to anyone who has children in their care under the age of 17 years.

## Family Worker

Parenting, family abuse issues, family work, housing needs, group work and advocacy with professional or government services.

(children aged 0–12 years)

Home visiting or Centre based

Monday - Friday 9.00 am - 4:30pm

## Parenting Programs

Group work which aims to support parents in their parenting, we offer 2 programs:

- Triple P is an approach to parenting that focuses on the positive & uses simple strategies to encourage the behaviours you like in your children.
- Bringing up Great Kids focuses on the important messages of parenting. Seminars, group work and individual programs are available.



## Men in Families Worker

Home visiting or centre based service is available for one to one counselling and partnerships in parenting, for Dad's with children/child 0-12 years

- One on one support
- Father's support and educational meetings
- Triple P parenting program

## Kempsey Playgroup

Wednesdays 10.00am-12.30pm

Offers a culturally appropriate facilitated playgroup for parents/carers and children 0–5 years

Share a social, playful and craft focused environment

Guests Speakers from various Community Services speaking on a wide range of topics around parenting issues

Funded under the State Government Families NSW Initiative



The Red Shed—Kempsey Supported Playgroup

## Young Mum's Worker

Home visiting or centre based service is available for one to one family work and partnerships in parenting, for Young Mums aged 14-25 & their children



Young Mums & Tots Spot on Verge

## Men's Engage 2 Change Project

Focusing on the safety of women and children, these programs hold men accountable for their violence and provide them the opportunity to take responsibility for their actions and develop non-abusive and non-controlling behaviours of equality and respect to their current or former partners

For further information visit [Stepupmate.com.au](http://Stepupmate.com.au)

## Staying Home Leaving Violence

- Safety Audits and Security upgrades
- Long-term Case Management
- Advocacy, support & referral
- PH: 6562 2272
- Monday—Friday 9:00am—4:30pm  
Choose to stay & send violence away



## Speak Out 4 Kids

Aims to address, educate and respond to the issue of Domestic Violence within the Macleay Valley.

Group work programs & referral pathways for women and children impacted by domestic violence

Public education & community awareness campaign

[www.speakout4kids.org.au](http://www.speakout4kids.org.au)

PH: 6563 1092



## Youth Support Worker

Support for vulnerable young people 12-17 years, their parents and families

Assist clients in dealing with life situations

Provide opportunities which increase self esteem and develop communication

Advocacy on behalf of clients rights

Skill 2 Chill group work